

Blessed be life - I tell you it's good to be alive!

Blessed is she who bore me and tenderly nurtured me.

Blessed is the fruitful seed in the womb.

Blessed is the growing embryo destined to be born this day.

Blessed is every child of God come to full term.

Blessed are all the children of the universe.

Blessed are those whose special needs magnify God's glory.

Blessed are the elderly whose life journey draws them nearer to their
reunion with the Author of Life.

Blessed be the Virgin Mary who shows us how to nurture life and did not
refuse to bear the Son of God.

Blessed be the Lord Jesus who humbled himself to take on our flesh,
glorifying every stage of human life as he lived it with us.

Blessed be the miracle of LIFE and the God of LIFE who provides for
every living creature.

(Adapted from "Blessed Be" by Brother Martin)

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